

# CAT FOOD COMPARISON CHART



	Royal Canin	Spectrum	Reflex Plus	Reflex	Bonnie	Proline	King	Lara	Whiskas	Snappy Tom	JosiCat	Bewi Cat
Animal Protien as 1st ingredient	✔	✔	✔	✔	✔	✔	✔	✔	✘	✘	✘	✔
Multitple animal based proteins	✔	✔	✔	✔	✔	✔	✘	✔	✔	✔	✔	✔
> 30% protein	✔	✔	✔	✔	✔	✔	✘	✔	✘	✘	✘	✘
Omega 3 & 6 Fats	✔	✔	✔	✔	✔	✔	✘	✘	✘	✔	✘	✘
Animal based Omega 3 & 6 fats	✔	✔	✔	✘	✘	✘	✘	✘	✘	✔	✘	✘
Prebiotics and Probiotics	✔	✔	✔	✔	✔	✘	✘	✘	✘	✘	✘	✘
Immune boosters	✔	✔	✔	✔	✔	✔	✔	✘	✘	✘	✘	✘
Dehydrated / Hydrolyzed proteins	✔	✔	✔	✘	✘	✘	✘	✘	✘	✘	✘	✔
Gluten free option	✘	✔	✘	✘	✘	✔	✘	✘	✘	✘	✘	✘
Botanicals	✘	✔	✘	✘	✘	✘	✘	✘	✘	✘	✘	✘
No animal by products and derivatives	✔	✔	✔	✔	✔	✔	✔	✘	✘	✔	✘	✔

This chart is for educational purposes only. Please refer to the grading criteria below

## Cat Food Comparison Guide

Small variances within a brand of food have been noted. For this comparison chart, the following specific products were used and the information was taken from the manufacturer’s website or product packaging:

- Spectrum: Adult Declicate32
- Royal Canin: Adult Fit32
- Reflex Plus: Adult Hairball
- Reflex: Adult Chicken
- Bonnie: Adult Cocktail
- Proline: Adult Fish
- King: Adult Fish
- Lara: Adult Beef
- Snappy Tom: Adult Ocean fish with vegetables
- Josi Cat: Adult Poultry
- Bewi cat: Adult Poultry

### Grading Criteria:

#### Animal Protein as 1st Ingredient:

International labeling standards state that list of ingredients must be in order of proportion / highest mass. Having animal protein as the first ingredient means that the highest proportion ingredient in the food is in fact animal protein. Cats are obligate carnivores so animal protein is the most important component of a cat’s diet

#### Multiple animal based proteins:

Certain cats prefer certain protein sources, once you find a brand your cat likes, it is good to have options of protein sources

#### Greater than 30% protein:

Protein is the most important and one of the more expensive ingredients in dry cat food. The higher the protein the better. There are certain cases whereby a lower protein content is better – consult a vet for more information

#### Omega 3 & 6 Fats:

Omega 3 & 6 fatty acids are important for the cat’s eyes, skin and nails, these fats are usually derived from either flaxseed oil or fish oils.

#### Animal Based Omega 3 & 6 fats:

Omega 3 & 6 fats from animal sources are more bioavailable than from vegetable sources, i.e. The cat can absorb more of these essential oils. Oils from fish fat are better than flaxseed. The most superior source of omega 3 & 6 is actually Krill Oil (or Qrill oil)

#### Prebiotics and Probiotics:

In order to ensure proper digestion, good gut bacteria is essential (probiotics). These good bacteria need a source of food (prebiotics) and these usually come in the form of indigestible fibers otherwise known as polysaccharides. Examples include fructooligosaccharides and mannanoligosaccharides

#### Immune Boosters:

Immune boosters ensure that your cat stays healthy. The most common immune boosters in dry cat food are brewer’s yeast and beta glucan

#### Dehydrated / Hydrolyzed protein:

Dehydrated protein means actual mean that is simply dehydrated then compressed into a kibble – yes! actual non processed meat. Hydrolyzed proteins are proteins that are broken down into amino acids and peptides – these are the most absorbable type of protein molecule and are particularly useful when dealing with food intolerances or protein intolerances

#### Gluten Free option:

Some cats have a gluten intolerance. A gluten free option is useful for cats with this issue.

#### Botanicals:

Botanicals are added to dry food to boost the cat’s health and vitality in various ways. Examples include citrus bioflavonoids for extra antioxidant protection, curcumin for anti-inflammation and joint health and rosemary for keeping bugs away

#### Free from animal derivatives and by-products:

Animal derivatives and by-products are parts of the animal carcass that are not actual meat, e.g. Skin, blood, fur etc. anything that can be classified as a protein. These products are generally regarded as not preferable for animals to eat